

Engaging in Student Wellbeing

Together

Learn how schools across Aotearoa New Zealand are gathering valuable wellbeing insights to understand where their students and schools are thriving and where opportunities to engage exist.





Mā te kotahitanga e tiaki,
e poipoi, e ārahi i ā tātou
tamariki i te ao matihiko

Through unity, we protect,
nurture, and guide our children
in the digital world.

At the heart of Linewize Aotearoa is a simple truth:

The wellbeing of our tamariki matters, and it's never left to just one person alone. It's a shared responsibility. We are here to guide, support, and uphold the collective responsibility every adult shares in caring for our tamariki in an increasingly online world.

**“Through unity, we create safer spaces.
Through partnership, we build lasting impact.
Through aroha, we honour our tamariki.”**

We're proud to work alongside kura and tangata whenua to create safe spaces where tamariki can share their feelings, ask for help, and be heard. This is kaitiakitanga in action.

Advisors:

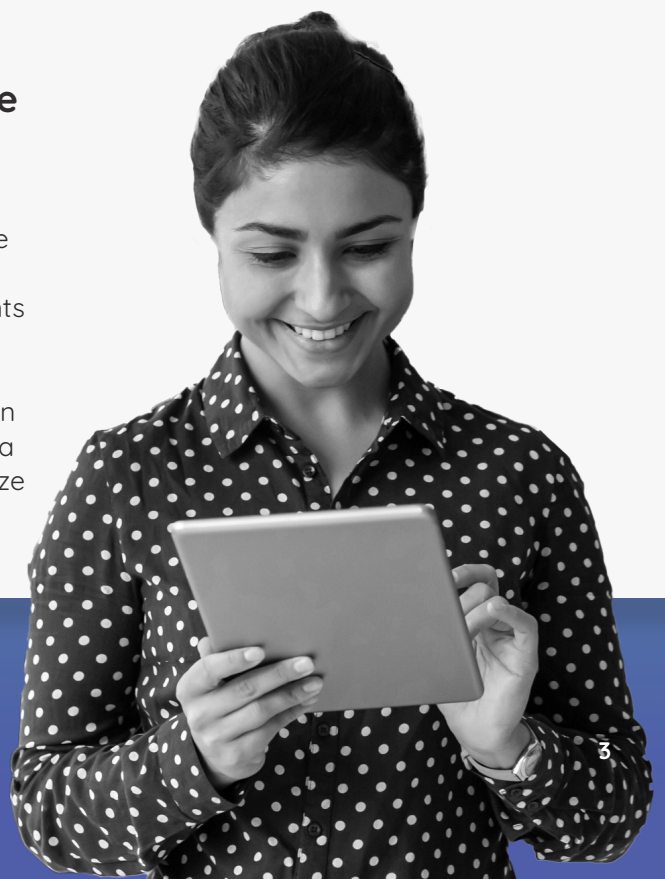
Conrad Waitoa M.A. Māori & Indigenous Leadership,
Ngāti Porou | Ngāti Kahungunu | Ngāi Tahu

Phil Gordon, Advisor - Tōkihi Consultants

We need to understand what's truly happening to and for our young people

To truly understand what's happening for and to our young people, we need to ask the right questions. Often, we don't know because we don't ask. But when we create safe spaces for students to share, they'll tell us what's going on. It's about fostering environments where students feel invited to speak up.

How do we know what to ask? We start by listening. Open communication and genuine connections are key. Hauora begins with visibility and understanding—and with Linewize Pulse, you have the tools to make that happen.





What is Linewize Pulse, and how does it work?

Linewize Pulse is an inclusive wellbeing tool designed to help schools support students' real-time wellbeing needs. Going beyond traditional surveys, it encourages self-reflection, fosters meaningful connections, and amplifies voices that may have previously gone unheard.

Pulse provides a quick, safe check-in for students to reflect, seek help, and express gratitude. It gives staff valuable insights into students' wellbeing, enabling school leaders and pastoral teams to respond to immediate needs and proactively support those who require attention.

How does it work?

Pulse provides an opportunity for students to check in on their wellbeing and provides insights into school wellbeing every week. It takes just a minute or two.

1. Once a week, students receive a reminder to take a moment and consider five questions during their check-in.
2. If students feel they need help, they can connect with a trusted staff member of their choice.
3. Each week, students are asked different questions across six important wellbeing domains.
4. Pulse incorporates elements of Te Reo and Te Ao Māori, so every student feels like they belong, can safely share their voice, and see themselves reflected in the platform.
5. Responses provide real-time visibility into student sentiment and wellbeing.
6. Clear heatmaps and trends empower leaders to make informed decisions about where to focus time and energy to help students engage and succeed.
7. Ākonga can also express gratitude to their peers and staff, fostering recognition and showing the kura's values in action.

Kia ora, kei te pēhea koe, how are you feeling today?

Kei te rawe tōku āhua - I'm feeling great

I'm feeling positive

I'm feeling in the middle

I'm feeling negative

Kei te hiahia āwhina ahau - I need some help

The Aorere College Story: Cultivating a Culture of Care Through Connection



At Aorere College, students were feeling the weight of rising living costs, which often meant work took priority over school. This impacted their engagement and mental wellbeing. Attendance and participation started to drop, and a growing sense of disconnection took hold.

In response, Aorere College introduced Linewize Pulse—a simple wellbeing check-in that gives students a safe space to share their feelings, take the lead in expressing their needs, and helps the school identify patterns and challenges before they escalate.

Linewize Pulse: The cornerstone of a proactive and supportive culture

The implementation of Linewize Pulse has been instrumental in fostering a visible and supportive culture of care at Aorere College. Moving beyond data collection, Pulse has helped the school strengthen connections and take meaningful action.

Here are **six key ways** Pulse has supported the school:

1. Routine and Engagement:

Routine student check-ins, integrated regularly into the school week rather than occurring sporadically, ensure willing student engagement and cultivate a sense of calm reflection.

2. Open Communication and Trust

Feeling safe and comfortable expressing their feelings honestly, students at the college demonstrate a visible trust with staff through open conversations following check-in responses, knowing their input is taken seriously and support will be provided when needed.

3. Proactive Support and Intervention:

Staff members promptly initiate conversations and provide support based on the wellbeing insights, ensuring clear pathways for students to access further resources like counselling or peer support groups, while these insights inform school-wide initiatives to address trends in student wellbeing.

4. Positive and Supportive Environment:

Aorere College cultivates an atmosphere of kindness and empathy, where students actively demonstrate respect for each other's feelings and experiences, and the school proudly celebrates positive wellbeing, such as acts of kindness or resilience.

5. Data-Informed Wellbeing Practices:

Leadership at Aorere College actively uses check-in data to understand overall student wellbeing, directly informing the development of targeted wellness programs and initiatives and demonstrating the school's commitment to continuous improvement in its wellbeing practices.

6. Cultivating Kindness

Leveraging frequent wellbeing check-ins through the Linewize Pulse platform, Aorere College actively cultivates a culture of kindness and connection by gaining real-time insights into student feelings, enabling targeted interventions and support that foster positive interactions and empathy throughout the school community.



Pulse is like the voice in the dark. I look at it as giving them ‘He reo i roto i te pouri’ a voice from the depths of the darkness. It gives students a way to reach out for help when they don’t know how to say how they’re feeling or how to connect with someone.”

Donna Nee

Tumuaki, Henderson North



It’s hard to provide the support a child needs without knowing how they’re feeling. Pulse brings in the data we need for wellbeing, and we use that to respond to students in need straight away. It’s a game changer. We use the data to build a strategic plan around what our tamariki need. You can’t argue with what the children are saying.”

Kimberley Malloy,

Assistant Principal, Peninsula Primary

From a single school to transforming communities

Linewize significantly impacts Aotearoa by working with schools, associations, and charities to provide lasting change. This is exemplified in West Auckland through the successful rollout of Linewize Pulse to 50 schools, reaching over 30,000 students. Funded by The Trusts, this initiative empowers tamariki to seek help when times are tough, supporting their mental and emotional wellbeing.

Linewize Pulse Impact



24,000+

students have received the support needed through the “I need help” feature.



7.2 million

weekly check-ins have placed students on the ‘wellbeing radar’.



25% of students

who needed help reached out the first time they used Pulse.



4.7 million

gratitude shares have built connection and belonging in school communities.

A Powerful Tool for Connection and Early Intervention

For West Auckland students, Pulse offers a platform to share feelings and ask for help without fear of judgment. Henderson North Primary Principal Donna Nee states, “This technology enables students to reach out when they can’t articulate their feelings or don’t know how to connect with someone for help.” Pulse empowers students to express their emotional needs, whilst providing teachers valuable insights into classroom wellbeing, enabling quick, effective responses.

The immediate, actionable insights help teachers foster a more supportive, connected school environment, improving academic engagement and mental health to strengthen communities and support tamariki growth.

A Vision for the Future

The expansion of Linewize Pulse is a step towards building a more resilient, supportive community that prioritises tamariki mental health. This transformation of school approaches to student wellbeing is creating a lasting positive impact on Aotearoa communities.



Student wellbeing is very private. Some kids don’t even understand why they feel the way they are feeling. We wanted to move away from just having a guess... and actually do something based on some real data.”

Royce McMurtrie

Paeroa Christian School Principal

What next?

You can learn more about Pulse at linewize.co.nz/solutions/pulse

If you have follow-up questions about Linewize Pulse or would like to arrange a short informal walkthrough just get in touch.

We're ready to help.
linewize.co.nz/contact



Linewize Pulse is a wellbeing feedback platform that helps schools gain insights that inform whole school strategic wellbeing initiatives, helps to identify sweeping areas of concern, evaluate the impact of interventions, and enables staff to identify and proactively support individual students.

Web: www.linewize.co.nz/solutions/pulse
Email: enquiries@linewize.co.nz



Linewize is part of Qoria, a global technology company, dedicated to keeping children safe and well in their digital lives. We harness the power of connection to close the gaps that children fall through, and to seamlessly support them on all sides - at school, at home and everywhere in between.

Find out more
www.qoria.com